

JUNIOR GOLFER

Issue 3 • November / December 2011

South Africa



Playing with the
Parlotones

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YOUR FREE JUNIOR GOLF MAGAZINE

Contents



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on par...

Some much exciting stuff has been happening with Junior Golfer South Africa, since our last issue.

In February 2012, we are going to be launching an exciting bi-monthly golf competition at Randpark in conjunction with US KIDS GOLF and the Sunrise Tour. The competition will be open to all academies, associations and schools from east to west and north to south. We are hoping that this competition will bring junior golfers from all over South Africa together to share and enjoy the game! Details will soon be available on our website and in the January/February 2012 issue.

In this issue, we got to play in the bunkers with with one of South Africa's top bands, The Parlotones and oh boy, what fun we had!

Juniors that play under The South African Gold Development Board made some big news in the past month or so... check out page three.

We have some cool prizes up for grabs in this issue... enter to win.

Happy golfing,

Simone Anderson

Please visit our website
www.juniorgolfersa.co.za

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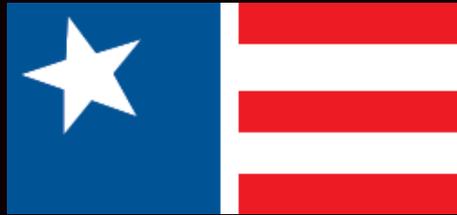
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hot off **the press**

Positive signs from SAGDB players at U12 Nationals

Nine players from the SAGDB were part of various provincial teams at the recent KeNako 2011 u/12 Teams Tournament held at Kingswood Golf Estate in George. The players represented six different teams - Central Gauteng, Boland, Western Province, Border, Eastern Province and SA Kids Golf - at what is the premier inter-provincial tournament for this age group. The best return from an SAGDB player came from Central Gauteng's Keelan van Wyk, who played superbly to finish second overall in the 88-player field. Keelan carded rounds of 74, 77 and 73 to finish just three shots behind the winner. Although he had to settle for the individual runner-up prize, Keelan's performance did however spearhead the Central Gauteng team's run to victory. He and his teammates finished a total of four shots ahead of WP to take the title. Supporting his effort was another SAGDB player from Central Gauteng, Chandler Shaw. Chandler's three rounds of 80, 81 and 79 were good enough to place him in a tie for 11th place. Boland's Riaan Rooi also put in a good performance to finish tied for 28th. The 12-year old from Wellington shot a terrific opening round of 76, but unfortunately slipped to 93 and 81 over the following two days. There was also a very encouraging performance by 9-year old Tristan Gallant of WP. Despite being one of the youngest players in the field, Tristan recorded rounds of 85, 88 and 82 on the testing Kingswood layout to claim a share of 33rd place. Fellow WP player, Hilmi Mallick, was not far behind. He carded 18-hole scores of 85, 88 and 82 to tie for 35th. Another Boland player, Jamie Josephs, finished in a tie for 40th spot. He carded rounds of 83, 91 and 84. Kieron van Wyk from Gauteng who is also just nine years old and was playing for the SA Kids Golf B team, finished in a respectable tie for 66th. The other two SAGDB players in the field, Levi Scott from EP and Border's Thobani Billitani, struggled with the conditions and finished further back in the field.

GOT NEWS...

**email it to simone, at
simone@velvetsquare.co.za
by 30 November 2011 for
the Jan / Feb issue.**

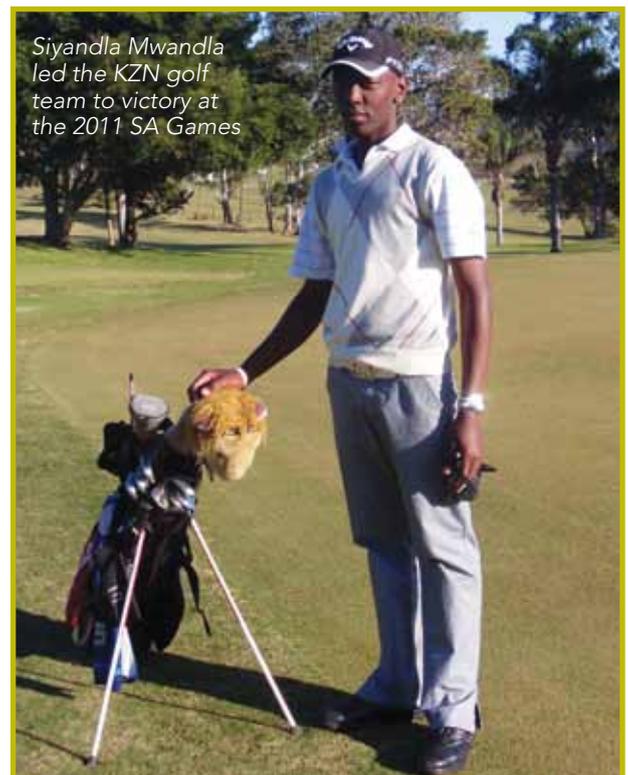
News submissions are FREE of charge. News is published at the editors discretion and on a first-come, first-serve basis. No guarantee will be offered on any editorial being used. Editorial submitted will be edited to the style of Junior Golfer South Africa. Photographs sent must be high resolution.

SAGDB juniors lead KZN to victory

Three players from the SAGDB were part of the winning KwaZulu-Natal golf team at the recent SA Games in Polokwane. Siyanda Mwandla and Phumlani Mkhoma, who is also a member of the Ernie Els & Fancourt Foundation, played for the u/18 boys team, while Monique Ramkisson turned out for the u/18 girls side. After the four rounds of the event, the KZN team finished a collective 50 shots ahead of their nearest rivals, Gauteng. Western Cape finished third, just two shots further back.

The KZN challenge was spearheaded by Siyanda and Phumlani who finished first and second in the individual u/18 competition respectively. Siyanda was just seven over par after the 72 holes of the event, which placed him thirteen shots clear of his team mate. Monique also played her part by claiming fourth place in the girls u/18 section. Siyanda's performance was particularly impressive as he led from the front after being appointed as the captain of the golf team. Before the team left for Polokwane, he had also been given the honour of representing all the sporting codes at the send off function hosted by the KZN MEC of sport and recreation. He was given the task of reading the Athlete's Oath on behalf of all the provinces' participants.

A few other SAGDB players also put in impressive performances at the tournament, with the Western Cape's Riaan Grootboom and Ruben Raubenheimer finishing fourth and ninth respectively in the boys u/16 category. Zethu Myeki from Border was the runner-up in the girls u/18 section.



Siyanda Mwandla led the KZN golf team to victory at the 2011 SA Games

Boland youngsters shine in junior golf events

The SAGDB's top players in the Boland continue to put in strong displays in the region's junior golf events. They were once again in top form at the recent junior opens at Swellendam and Hermanus.

At the Swellendam Junior Open 16-year old Nesville Croy carded a round of 76 to finish in third place, three shots behind the winner. Fellow SAGDB players Byron Williams and Keelan Africa were not far back, with rounds of 78 and 79 respectively.

The Hermanus Junior Open went even better for the SAGDB players, with 16-year old Trevor Thomas, who is also a member of the Ernie Els & Fancourt Foundation (EEFF), finishing in a tie for first place after a round of 72. Unfortunately he lost the play-off at the first hole. Shane Ross, who is also with the EEFF, finished joint third. On the back of these performances, the SAGDB could boast at least one player in the top five of each age group order of merit from u/12 to u/18. This led to the selection of Shane and Keelan to the u/18 provincial team and Byron, Nesville and Trevor all making the u/16 side for a triangular event at Kathu. Two other youngsters, Riaan Rooi and Jamie Josephs, also earned selection to the u/12 team for a separate event at Kingswood.



15-year old Keelan Africa has earned selection to the Boland u/18 team

Success for Soweto Juniors



A team from Soweto Country Club that included four SAGDB players finished third at the recent junior inter-club event held at Modderfontein GC. The four juniors are all being coached by SAGDB stalwart Zac Mavundla.

14-year old Benjamin Moloi, 15-year olds Nkhosikona Dilla and Mfundo Ndaba together with 17-year old Tiitsetso Setloboko all put in good showings to ensure that their team placed amongst the prizes.

Ernie Els Primary school Championship – Final Team Results

	After 1st and 2nd 9's	3rd 9	Score after 27	4th 9	total	
1	Anton van Wouw L/S	231	119	350	119	469
2	Richards Bay P/S	244	117	361	119	480
3	St Stithians P/S	254	119	373	117	490
T4	Umhlanga P/S	248	117	365	129	494
T4	Garsfontein	255	119	374	122	496
6	Knysna P/S	259	125	384	121	505
7	St Johns P/S	259	132	391	117	508
8	Grey Junior School	268	123	391	121	512
9	Grey College	254	132	386	128	514
10	Bishops P/S	266	125	391	123	514
11	Kruinsig L/S	257	129	386	130	516
12	Krugerpark A	269	134	403	129	532
13	Bridgehouse	274	140	414	166	580
14	Krugerpark B	326	155	481	150	631



Pee wee *golfing*

By Darren Witter

Instruction: The Full Swing

Remember the two golden rules... hit down and brush the grass. Hold the follow through for three seconds.

Practise drill no. 1 Feet together

Feet together, full swing back and through, brush the grass and hold the follow through for three seconds. Now lets get the feet apart. Why? So that we can shift the weight back in the back-swing and through in the follow through. We do this whenever we want to throw a ball as far as we can. We call it weight shift.



Practise drill no.2 - Finish like a champion

Both feet stay on the ground in the back swing. When we follow through all our weight goes through to the left leg, so much so that our right foot finishes up on our toes and we squeeze our two knees together. By doing this you will be able to finish like a champion.



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Practise drill no.3 - Magic circle

Build a small circle of golf balls around the left foot. Try to swing the golf club without the left foot moving and disturbing the circle of balls. If the left foot moves the circle will be broken. Try your best not to break the circle.



Practise drill no.4 - Prestik

Place a small ball of Prestik on the inside of each knee. When you follow through, squeeze your two knees together. If the Prestik sticks together, you are winning.

Darren Witter is the head teaching pro at The Martin Whitcher Golf Schools, and has been teaching at Randpark Golf Club for 13 years. He is a PGA golf professional of high standing. Darren has helped many aspiring youngsters turn their dreams of becoming pro into reality and has taught Anton Haig, Anthony Michael and Thomas Aiken. "I love what I do - there is nothing more rewarding than passing on the knowledge that I have gained in more than 15 years of teaching and watching my pupils reach their goals."

Till next time ... *Darren Witter*

To book your lesson call Darren on **011 476 6172**



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Alexander Hainl

Age: 12
School: Dainfern College
Member at: Eagle Canyon Golf Course
Handicap: 12

How old were you when you started playing golf? I was eight when I started playing golf with a set of Fearless for Kids golf clubs.

Who inspired your interest in the game? My dad inspired me to start playing golf when I was eight. He took me to the driving range and I loved it right from the start. We used to go every weekend and I eventually started taking lessons.

Who is your golf idol? My golf idol is Luke Donald because he is always so relaxed on the course and is very accurate. I think he is one of the best putters in the game.

What is your favourite course ever played? I've got a few favourite courses such as Princess Grant, The Gary Player Country Club, Zimbali and The Wild Coast Sun.

A KODAK moment? My KODAK moment came on the 17th at The Johannesburg Country Club where I hit a 5 wood onto the green for two.

How often do you practise and what's your practise routine? It depends. Sometimes I practise up to five times a week and get to the course once or twice a week. When I get to the range the first thing I do is warm up, then I hit a few shots. When I'm finished I practise my short game because after all, your short game is the most important part of golf.

How do you find balance between the books and the fairways? When I get home after a hard day of golf practise I do my homework - to me school comes first and then golf.

What are your goals for your golfing career? First of all I'd like to get my tour card for the Sunshine Tour, then get my European Tour Card and then my biggest goal is to win a Major.

Have you ever met a famous golfer? I've met quite a few and got signatures from quite a few too including the world number 1- Luke Donald.

Your advice to other juniors
 My advice to other juniors is practise hard!! Always do your best!! And NEVER give up!!



Marcus Taylor



Age: 10
School: Dainfern College
Club: Dainfern Country Club
Handicap: 11

How old were you when you started playing golf? I started playing golf when I was seven.

Who inspired your interest in the game? The Verwey's inspired me in golf. My dad took me to the Verwey driving range and the rest is history....

Who is your golf idol? My golf idol is Rory Mcilroy.

What is your favourite course ever player? My favorite course ever played is Princess Grant. My best hold is the 15th because of the beautiful view!

A KODAK moment shot? Kodak moment... Lipping out on the 16th hole at Dainfern Country Club and almost getting a hole in one (but settled for a birdie)

How often do you practise and what's your practise routine? I mostly practise on the weekends. My practise routine is a mix of the driving range and some putting and then I try to fit in 9 holes with my brother and friends.

How do you find balance between the books and the fairways? My balance between school and golf is good, I study before I can practise.

Goals for your golfing career? My golfing career is to excel in the sport and to win all of the majors! But, firstly I would like to achieve a scholarship for golf.

Have you ever met a famous golfer? Yes, I have met Gary Player, Lee Westwood and Robert Allenby, who gave me his glove!

Your advice to other juniors
 Keep practicing hard and excel in the sport and in your school work.



Waldo Buitendij

Age: 12 years
School: Dainfern College
Club: Dainfern Country Club
Handicap: 19

How old were you when you started playing golf?
 I was six years old when I started playing golf.

Who inspired your interest in the game?
 My mom - she bought me my first set of golf clubs.

Who is your golf idol?
 It has to be Rory McIlroy because he is so young and so good.

What is your favourite course ever played
 That has to be the Lost City Course by far!

A KODAK moment shot?
 It was the 16th hole at Dainfern Country Club when I missed a hole in 1 by literally 10cm!

How often do you practise and what's practise your routine?
 It varies, sometimes I practise everyday and sometimes only once a week. It depends on my schedule.

How do you find balance between the books and the fairways?
 I always try to do my homework first and then I try to sneak in some practise.

Goals for your golfing career?
 I hope to make the Central Gauteng team and become a scratch player.

Have ever met a famous golfer?
 I have met Jim Furyk, Ernie Els and Chris de Marco at the Sun City Million Dollar Tournament.

Your advice to other juniors

Don't get frustrated - get motivated



Miley Taylor

Your advice to other juniors

My advice to other junior golfers is to take your time and practise, practise, practise.

Age: 10
School: Dainfern College
Club: Dainfern Country Club
Handicap: 11

How old were you when you started playing golf?
 I really started playing with interest when I was nine.

Who inspired your interest in the game?
 The people who inspired me the most were my two brothers Marcus and Alex and my Mom and Dad.

Who is your golf idol?
 My golf idols are Rory McIlroy and Tiger Woods.

What is your favourite course ever player?
 My favourite course is Princess Grant.

A KODAK moment?
 When I was chipping on the 14th hole at Dainfern and I boxed it for a birdie!

How often do you practise and what's your practise routine?
 I practise on the weekend and my routine is the range and putting and playing nine holes with my brother.

How do you find balance between the books and the fairways?
 My balance between school and golf is great because I study during the week and practise and play on the weekend.

What are your goals for your golfing career?
 My goal is to be the best golfer I can be and win championships.

Have you ever met a famous golfer?
 I've met Lee Westwood, Robert Allenby and Gary Player.





Golf at Dainfern Preparatory

By Janine Clements – Head of Golf at Dainfern Preparatory

At Dainfern we believe in providing an education for the world and therefore golf is a school sport for everyone who wants to learn and enjoy the game.

Golf has just taken off since we introduced it six years ago in the prep school. From Grades 0 to 3, the young players have fun lessons, playing games, which include learning the basics which happens on the school premises. For the whole school there are specifically erected 'golf nets' where everyone can practise.

The school is hugely supported by Dainfern Country Club who hosts many school and junior events. Those keen to play golf in the senior prep have weekly lessons given by the club professionals at the golf course. Once the beginners are familiar with the rules and are able to manage being out on the course, they are given the opportunity to play in our school events which include a Betterball Tournament, Knockout Tournament as well as an Interhouse Challenge which attracts a large number of pupils.

We usually have between 35 and 45 players who feel confident enough to play in these events and they do so enjoy the social camaraderie that goes hand-in-hand with a round of golf.

The more serious golfers are members of clubs and have a handicap which entitles the players to participate in the Schools A and B Leagues which are hosted by a number of private schools at different courses around Johannesburg.

Aside from being given the privilege to challenge their skills and play a game of golf on these courses, these events provide the opportunity for the players to make friends from the various schools.

The highlight for the school is the annual Interschool Festival, usually held in June at the Dainfern Country Club. It is a day out of the classroom where the young golfers learn valuable life skills while enjoying all that a healthy game of golf can offer!

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ULTRA LIGHT VS TOUR SERIES

Choosing the right starter equipment for your junior golfer can be tricky and overwhelming. However, there is light at the edge of the bunker as the U.S. Kids Golf range has the right club for every junior golfer!

U.S. Kids Golf is always at the forefront of innovation when it comes to providing young golfers with the right equipment to assist them in achieving early success. Knowing the player's height and skill level makes finding the right clubs simple. That is why U.S. Kids Golf uses a special numbers fitting system where a player's height is correlated to the proper driver length, instead of using the player's age to determine the driver. U.S. Kids Golf has the ULTRALIGHT and TOUR SERIES to choose from. The main differences between the two sets are the club head weight, shaft and materials.

ULTRALIGHT

U.S. Kids Golf ULTRALIGHT clubs have light club heads and more flexible shafts than TOUR SERIES making them the perfect starter clubs.

- Yearly fitting is essential to achieve and maintain proper swing development.
- Woods increase by four inches in length for each size change and all other clubs increase by three inches.
- All club heads are lightweight, quality material
- Club head weight increases as the player grows, UL-24 (24% lighter), UL-18 (18% lighter) and UL-12 (12% lighter) models are all lighter than adult equipment.

Kids-flex lightweight composite shafts are frequency matched and spined.

TOUR SERIES

U.S. Kids Golf TOUR SERIES clubs are made from the same high-tech materials as leading adult equipment, including Beta-forged titanium drivers, stainless steel fairway woods, hybrids, irons, and black nickel spin wedges. For kids playing at an intermediate to advanced level with swing speeds above a specified level for their height, TOUR SERIES clubs are the best choice.

- Club head weight in the TOUR SERIES is 6% heavier than in ULTRALIGHT clubs.
- 100% graphite shafts are stiffer for higher swing speed and are frequency matched to get even stiffer as the player becomes taller.
- Drivers are constructed to achieve maximum allowable performance and conform to USGA rules.
- More precise club lengths are featured between sets, with woods increasing in length by two inches, where other clubs increase by 1.5 inches.
- Grips increase in size for appropriate feel as hands continue to grow.



Red / Black

Blue / Black

Orange / Navy

Yellow / Black

Red / Royal

Pink / Grey

win

We've got a set of US Kids Golf Clubs to give away. Simply answer this question: what are the names of the two US Kids Golf club sets? Email your answer, name and age to simone@juniorgolfersa.co.za by 15 December 2011

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Golf & luxury at Fairways

Situated only 2kms away from Cresta Shopping Centre in Joburg, nestled in the suburb of Randpark, on Randpark Golf Course, you will find this slick city hotel, Fairway Hotel and Spa.

This hotel is superb and convenient for golf tournaments, weddings, conferences and even just a night away from home. This R140 million, 5-star development, is a member of the Guvon Hotels & Spas portfolio and was the proud host of the 2010 Brazilian Soccer World Cup team.

It overlooks the famous Randpark Golf Course and is situated just north east of the clubhouse, on the 1st hole. The hotel has 62 hotel rooms and 14 double storey Golf Villas, each with four en-suite rooms. The hotel has 35 luxury rooms, 16 premier rooms, one paraplegic room, two suites and eight family rooms. The rooms are modern, spacious and comfortable. Plush carpets, luxurious finishes and sensuous fabrics ensure a good night's rest. On arrival guests are greeted by friendly, helpful staff, who are well informed and make one feel at home.

The hotel also has a gym and a spa which guests can enjoy and relax at, during their stay.

There are so many options for playing, relaxing and entertainment in one venue, that one's stay can truly be enjoyed.

Wining and dining

Known for its exquisite fine dining under the leadership of Chef Jean-Pierre Siegenthaler, Balata Restaurant deserves the first mention. The vibrant décor colours and modern fireplaces and a variety of seating arrangements the dining experience can only be a treat.

The restaurant serves outstanding breakfasts, light business lunches and delicious dinners. You must treat yourself to the beef fillet stuffed with camembert. and drizzled with gooseberries.. it is absolutely delicious!

Bar Verve with its trendy ambience is perfect for a first date, a quick get together or just for unwinding after work. A secluded wine cellar hides behind Bar Verve and provides a sophisticated private venue for executives to have a drink after a long day of conferencing.

The Roundabout Bar has fantastic views over the golf course and is a great place to have drinks after a serious round of golf, or to meet up with friends for after-work-drinks. On Friday evening you can enjoy happy hour as well as live music.

The Vista Deck lends itself to the ideal opportunity to sip sundowners and watch the sun set over the golf course. The Vista deck provides a sophisticated and stylish venue for cocktail parties or an intimate evening braai and incredible sunsets.



Golf at Randpark Golf Course

Whip out the golf clubs and play a round of golf or two on one of the two outstanding golf course, the Randpark and Windsor courses. Booking is essential. Contact the club directly.

Getting married?

Enjoy your wedding day in the Windsor Ballroom, at Randpark Golf Club adjacent to the hotel which can host up to 160 guests and the option to celebrate in the summer or winter chapel is available. The Fairway Hotel & Spa can accommodate 200 guests. Wedding packages can be personalised and are available on request. Brides, grooms and bridal parties can look forward to pampering in The Fairway Spa where qualified therapists are ready to see to all your spa needs. Couple's massages come highly recommended as a pre-wedding treat. Spa pamper parties are in vogue for the bridal entourage and may even include the services of the hair salon and nail bar.

Conference facilities

The conference facilities include two conference rooms which can also be joined to create one larger conference room accommodating up to 130 delegates. Three other boardrooms are also available and may be used as separate units or can be joined. The Randpark I, II and III boardrooms open up onto the Vista Deck where cocktails from the upstairs bar ease delegates into the night with spectacular sunset views over the golf course, club house and greens.

The Fairway Hotel
Setperk street, Randpark • Tel: 011 478 8000 •
www.thefairway.co.za

Treat yourself at The Fairway Spa

Ladies, and gentle-few, while the boys and men are playing golf, treat yourself to a pamper session at The Fairway Spa which is situated to the left of the hotel entrance, inbetween the golf club and the hotel rooms.

Decorated in soothing hues of blue, reflections of water and light greet spa guests as they enter the airy double volume lobby en-route to the relaxation lounge or their chosen treatment room.

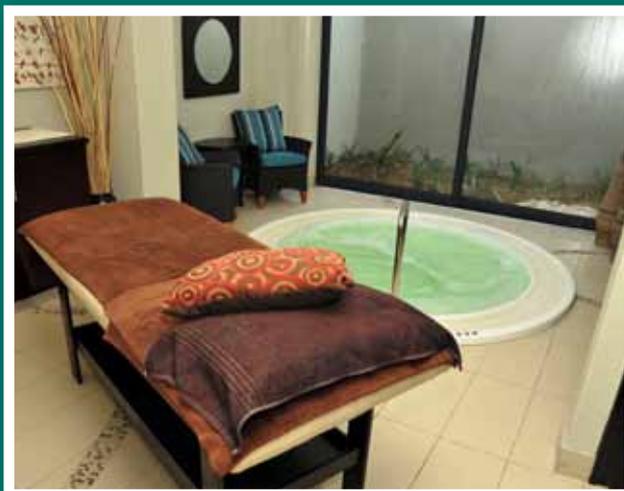
A sun deck, café style bistro and private gardens make this a relaxation destination. The spa has 11 treatment rooms and a dedicated hair salon and nail bar, so one can enjoy tip-to-toe treatment all under one roof.

Dedicated to putting your body, mind and soul at ease, the friendly professional staff focus on your individual needs and requirements. When choosing your massage strength, bear in mind, the ladies have strong hands, which will get all those stubborn knots out!

Separate women and men's change rooms are available with saunas and the list of treatments is endless.

TIP: Treat yourself to a delicious spa discount on 2 for 1 Tuesdays, which is valid until next year.

The Fairway Spa
Tel: 011 478 8020
www.thefairwayspa.co.za





Paul Hodgson
(Guitar)

Glenn Hodgson (Bass, Piano, Backing Vocals)

Playing with the Parlotones

Simone Anderson, Junior Golfer South Africa's co-publisher recently had the privilege to play in the bunkers and on the greens, at Randpark with one of South Africa's top bands: The Parlotones. Here's the inside scoop...

When you get to meet one of South Africa's top bands, I'd say that's a privilege, and a moment to appreciate being proudly South African! The Parlotones are most definitely rocking the music scene both locally and internationally, and recently opened for international act, Cold Play.

They are known for their electric, breathtaking stage performances and their darkly romantic lyrics. Their sound, described as alternative, has evolved into becoming more refined and focused with each album. 'A World Next Door To Yours' remained on the South African top 20 sales chart for more than twelve months and is currently South Africa's biggest selling rock album of this decade. The album spawned seven radio singles and in the last eighteen months, the band has played over 300 shows and sold over 100 000 records.

DID YOU KNOW?

In 2005 things really took off for The Parlotones with the release

of 'Radiocontrolledrobot'. The debut album was nominated for Best Rock Album at the 2006 South Africa Music Awards and won! One of the band's highlights for the year was the closing slot at The Coke Fest, which saw them play after Metallica.

In 2007, The Parlotones performed 70 shows in the UK. During the same year, they were selected to perform at The Live Earth concert, the largest festival ever staged. MSN named The Parlotones as one of the 10 most memorable performances at Live Earth and likened seeing them at this early stage of their career to seeing The Police in the late 70's.

In 2008, doors opened to the European market when the Parlotones toured Germany with the Wombats, had Razorlight over to perform with them in South Africa and performed at the St Gallons open air stadium in Switzerland. UK super group, Starsailor came over to support the band on The Powerzone unplugged Festival tour. This resulted in a 12 city tour with Starsailor in the UK. Back home, their single 'I'll be there' was



Neil Pauw (Drums)

Kahn Morbee (Vocals, Guitar)

Photographs © George Proxenos

nominated for two MTV Africa Awards and won three South African Video Awards and they were chosen as the Face of the HD launch in South Africa.

2009 was off to a great start with critically acclaimed performances at Midem, Canadian Music Week and SXSW. The band was selected to perform at Midem, where they performed with Blue October - a show that has resulted in talks of a tour with Blue October in the USA. The Parlotones have been very well received in the USA with an independent release managing to crack the CMJ top 200 chart. 'Overexposed' won awards locally and in the USA including two awards in The International Song Contest (ISC) which boasts heavyweight judges such as Robert Smith, Tom Waits and Rob Thomas (Matchbox 20).

In April 2010, The Parlotones played at the Dow Life Earth Run for Water in Cape Town. They also performed as part of the 2010 Official FIFA World Cup Kick Off Celebration concert with other big international artists like the Black Eyed Peas, Alicia Keys and Shakira.

With such a busy schedule, we were surprised that the guys find the time to see the sunlight... never mind fit in a round of golf or two! But, they do! They all agreed that getting out onto the golf course is one of the few places they can truly escape!



We took a closer look at bass guitarist, piano and backing vocalist, Glenn Hodgson's passion for the game...

Why golf? A few years ago I found myself free a lot during the day and thought it'd do me good to take up an outdoors hobby.

Your coach? Mike Quinn.

Your Club? Randpark

What does golf do for you? I love it. It's constantly pushing me to improve, and there's nothing like the feeling when you hit that perfect shot.

Fashion on the greens? Pretty standard, I don't like to draw attention to myself, but the tattoos normally do that anyway.

What inspired you to try it? A few years back a friend took me to the driving range for the first time. The bug bit then.

A KODAK moment?

Not yet. Besides completely missing the ball every now and then.

Your advice to junior players...

Get a coach from the start to work out your swing. Also, practise your short game, chip and putt, like your life depends on it - because your game usually does!

win win win

We've got three copies of The Parlotones new CD "Eavesdropping On The Songs Of Whales" to give away.

Answer the following question: Who are the four members of the band? Email your name, age, contact details and answer to simone@velvetssquare.co.za by 1 December 2011.



By Lisa Mackenzie

The essence of etiquette

When first starting to learn how to play golf, juniors are taken through how to swing a club, how to chip and how to putt. The next move is to try and get out onto the golf course to put all the hard work into practise. The game itself is not the only important factor when venturing out onto the fairways as rules and etiquette play a big role in understanding the game as a whole. Below are some pointers on the etiquette of play.

- Pay careful attention to local rules. You will find most courses include these rules on the back of the score card
- Adhere to local dress codes. Remember: no jeans, open shirts or sandals are allowed on the majority of golf courses.
- Remove your hat when you enter the clubhouse.
- Local notices regulating the movement of golf carts should be observed and adhered to.
- Prior to playing a stroke or making a practise swing, ensure that no one can be injured by the club, ball or any other object, which may be moved by the stroke or swing.
- The player who has the honour (best score from previous hole) should be allowed to play before his partner or fellow-competitor tees his ball.
- Always play without delay.
- From the second stroke onwards, the player whose ball ended up furthest from the pinhole should be allowed to play his next stroke first.
- Keep up with the group in front, not just ahead of the group behind.
- Allow faster players to play through.
- Two-ball matches should have precedence over and be entitled to pass any three- or four-ball match, which should invite them through.
- A single player has no standing and should give way to a match of any kind.
- A player who believes his ball may be lost, to save time, should play a provisional ball (see rule 27.2).
- Players searching for a ball should signal the players behind them to pass as soon as it becomes apparent that the ball will not easily be found (see Rule 27.1).
- Place your trolley or bag at a point off the green, close to your route to the next tee, before you put.

- Ensure that you do not damage the putting green by putting down objects such as bags or the flagstick. Players should not damage the putting green by leaning on their putters, especially when removing the ball from the hole.
- Do not damage the hole by standing too close to it, when handling the flagstick or when removing the ball from the hole.
- When the play of a hole has been completed, players should immediately leave the putting green. Fill your score when you get to the next tee, not while standing on the green.
- The flagstick should be properly replaced in the hole before the players leave the putting green.
- Do not play until players in front are out of range.
- Never talk or move while your partners are playing. Stand well back.
- Always rake bunkers after use.
- Always repair pitch marks, divots, ball marks and spike damage.
- When taking practise swings, players should avoid causing damage to the course, in particular the tees.
- Shout "Fore!" when you hit a ball towards other golfers.
- Win or lose, shake hands on the 18th, then head for the 19th.

"Golf alone enjoys an unequalled reputation for courtesy, companionship and the highest regard for fair play."





How to shoot silhouettes in 7 easy steps

Silhouettes are a wonderful way to convey drama, mystery, emotion and mood to the viewers of your photos and often stand out in an album because of the combination of their simplicity but also the story that they convey. I love them because they don't give the viewer a clear picture of everything but leave part of the image up to their imagination to wonder about. The basic strategy you'll need to employ in taking silhouette shots is to place your subject (the shape you want to be blacked out) in front of some source of light and to force your camera to set its exposure based upon the brightest part of your picture (the background) and not the subject of your image.

Here's how to do it:

1. Choose a strong subject

Choose something with a strong and recognizable shape that will be interesting enough in its two dimensional form to hold the interest of those viewing your image.

2. Turn off your flash

If you have your camera in automatic mode your camera will probably want to use its flash which will ruin the silhouette.

3. Get your light right

You want to light the back of your subject rather than the front. The perfect light for this is placing your subject in front of a sunset or sunrise – but really any bright light will be able to do the trick.

4. Frame your image

Frame your shot so you are shooting with your subject in front of a nice plain, but bright background. (e.g. a bright cloudless sky with the sun setting.)

5. Make silhouetted shapes distinct and uncluttered

If you are silhouetting a tree and a person don't have the person stand in front of the tree or even leaning on it as it will merge them

into one shape and as a result your viewers could be confused about what the shape is. Also when framing you'll probably want to photograph silhouetted people as profiles rather than looking straight on. This means that more of their features (nose, mouth, and eyes) are outlined and they are more likely to be recognized.

6. Auto exposure

Most cameras work out the exposure levels in auto mode when you push your shutter half way down (at the same time that they focus). So point your camera at the brightest part of your picture and then press the shutter halfway down (don't let go). Then move your camera back to frame your shot with the subject where you want it and then finish taking the shot. With most digital cameras this will result in a silhouetted subject.

7. Focusing

In most cases you'll want the subject which is silhouetted to be the thing that is in focus most crisply. This can mean that the process described in point 6 can be a little tricky as pushing your shutter half way down to get the metering right also means that you'll focus on that spot in the background. To get around this you can use two strategies. Firstly if your camera has manual focusing you might want to try that. Pre focus your shot before you meter your shot.

The other strategy is to use Aperture to maximize your depth of field (the amount of your image that is in focus). Set a small aperture (ie a larger number) to increase the depth of field – this means you're more likely to have a sharper foreground and background in your shots.

Until next time, keep on shooting!

Peace & Grace,

George

our sharp shooter

George Proxenos is a professional freelance photographer who provides us with our cover photos. Based in Dainfern, he specialises in a wide range of photography from events and corporate golf days to family portraiture, food and products. George is also a part time lecturer presenting basic and advanced courses in Digital Photography and Adobe Photoshop. What he loves most about the craft of photography is that it constantly focuses his attention on looking for, and enhancing, the positives in people, life and the world around us.

For more info contact George at george@gpphoto.co.za



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